

# Safeguarding children and adults

Safeguarding is a concept that was introduced several decades ago in the United Kingdom and refers to the collection of measures that ensure groups such as children, young people, and vulnerable adults are protected from abuse, harm and neglect in society.

If someone shares with you a concern about their or somebody else's physical, sexual or emotional well-being:

## Do

- ✓ **Remain calm, approachable and receptive**
- ✓ **Take it seriously**
- ✓ **Listen carefully, without interrupting**
- ✓ **Acknowledge you understand how difficult this may be**
- ✓ **Offer reassurance – it is the right thing to tell someone**
- ✓ **Tell them what will happen next**
- ✓ **Make a written record of exactly what has been said and when**
- ✓ **Report**

## Don't

- ✗ **Promise complete confidentiality**
- ✗ **Ask leading or probing questions**
- ✗ **Investigate**
- ✗ **Discuss with people who do not need to know**
- ✗ **Delay in reporting the disclosure to the relevant authority/authorities**

**For the Hilltops Ukrainian Support Community (HUSC), you should report concerns as soon as possible to:**

**Lyudmyla Daragan (Safeguarding Lead)**

Tel: 07341 438 593 Email: [husc.safeguarding@gmail.com](mailto:husc.safeguarding@gmail.com)

In the absence of the Safeguarding Lead or if the suspicion in any way involves the Safeguarding Lead, then contact:

**Sarah Graham (Senior Leader)**

Tel: 07894 788 961 Email: [huscchilterns@gmail.com](mailto:huscchilterns@gmail.com)

**If the suspicions implicate both the Safeguarding Lead and the Senior Leader, then the report should be made in the first instance to thirtyone:eight, PO Box 133, Swanley, Kent BR8 7UQ. Tel: 0303 003 1111. Alternatively, contact Social Services or the police. See details below.**

## **Buckinghamshire Child Protection and Safeguarding**

If you have any safeguarding concerns relating to a child please report [here](#) or contact [ascfirstresponse@buckinghamshire.gov.uk](mailto:ascfirstresponse@buckinghamshire.gov.uk) or call 01296 383204

**For urgent** safeguarding concerns the quickest way to let MASH Team know is by calling them on:

- 01296 383 962 between 9am to 5:30pm Monday to Thursday, 9am to 5pm Friday.
- 0800 999 7677 before 9am, after 5:30pm (5pm on a Friday) or at weekends (Emergency Duty Team).

**Or go online to [Buckinghamshire Child Protection and Safeguarding](#)**

## **Buckinghamshire Adult Social Services**

If you wish to contact the Buckinghamshire Safeguarding Adults Board, report [here](#) or email at [bsab@buckinghamshire.gov.uk](mailto:bsab@buckinghamshire.gov.uk) or speak by calling 01296 387146.

**Abuse of an adult** Tel: 0800 137 915 (First Response Team)

Out of working hours Tel: 0800 999 7677

**Or go online to [Buckinghamshire Safeguarding Adults Board](#)**

If you feel the person is **in immediate danger**, call the Police on **999** or to report a crime, call **101**